

Summary Sheet of Possible Indications for Sacred Geometry

1. The Point

- To take a person's consciousness back to the beginning of infinite possibilities, should they feel stuck in their life's circumstances
- To take a part of the bodymind complex back to the beginning of infinite possibilities, should it have been compromised
- To bring a person back to living in the point of the here and now
- To bring the client back to the essence of their Being, the authentic nature of self, agape love
- To help a person transition from this life to the next, should there be some fear of the unknown

2. Phi, Golden Mean, Spiral

Phi and Golden Mean

- To assist the body's repair systems in laying down the correct amount of new tissue so that a healing structure keeps to the proper proportions for that individual
- To help the development of external or internal physical structures in a growing child

Fibonacci Spiral

- To recalibrate the spin of one of the chakras (major, minor, or extra)
- To correct an inherited structural defect in the spiral of the DNA
- To form vortices that extract energy from the zero-point field

Triple Spiral

- To unite groups of three into oneness
- To aid in the forward movement of consciousness to enlightenment

3. Circle, Circumpoint, Vesica Piscis, Infinity Symbol

Circle

- To act as a reminder that everything that exists is a part of the whole
- To act as a reminder that everything is in perfect balance as it is
- To support the concept of 'circle thinking' – the non-attachment to any opinions or beliefs
- To bring in the infinite energy of the zero-point field for support
- To act as a type of 'spiritual glue' to bring perceived 'broken' aspects of life together in wholeness
- To help align and balance every area of a person's life, that is, bring order to what appears chaotic
- To aid someone moving through a difficult period or cycle of change, that is, to remind someone that 'this too shall pass'

Circumpoint

- To help embrace the totality of our being, accepting all aspects of who we are
- To help someone become the observer of the illusion by placing them in the centre of all concepts and beliefs
- To bring a person closer to the state of living from the perspective of enlightenment

Vesica Piscis

- To help heal a person's physical reproductive issues
- To bring in more creativity to problem solving by getting the two hemispheres of the brain cooperating
- To assist the person in moving away from any friction or strife within a relationship or group situation and towards mutual understanding, finding common ground, seeing eye-to-eye, or sharing a common vision
- To help the person understand that duality is an illusion and all exists within unity
- To help integrate the physical aspects of the bodymind with the spiritual
- To support the client in feeling safe and/or protected in this 3-D world
- To support the Brow chakra and everything it represents – intuition, creativity, harmony, and so on
- To bring in the energy of healing to restore wholeness to the bodymind

Infinity Symbol

- To remind someone that they have unlimited potential, and that life is full of infinite possibilities for new beginnings
- To provide the energetic boost to operate in life from a higher level of consciousness
- To bring in the frequency of never-ending love
- To bring balance and harmony to the person's relationships
- To amplify the individual's sense of power and strength
- To inject hope through connecting with the eternal nature of the Soul

4. Line, Cross, Triangle, Square, Pentagram

Line

- *Straight horizontal line*
 - To bring in the stability and security that the Earth represents
 - To bring in calmness, relaxation, rest, and peace
- *Straight vertical line*
 - To remind someone of their physical and divine nature
 - To bring in strength and stillness
- *Straight diagonal line*
 - To bring in the energy of action, dynamic movement, and excitement to life

Cross

- To remind a person of their dual nature, the earthly and the divine
- To bring duality together into the oneness

Triangle

- To balance all three elements (regardless of which historical or modern perspective) that lead to enlightenment
- To support and restore balance, harmony, and completion within the bodymind and on all levels of being
- To bring in the subtle energies of the chakra system (in particular, five of the seven)
- To elevate someone to higher consciousness
- To bring balance to any masculine/Yang or Fire element imbalances in the bodymind
- To bring balance to any feminine/Yin or Water element imbalances in the bodymind
- To bring in the energies for creating solid foundations and allowing manifestation to occur
- To stimulate creativity (as in starting up a new project)
- To open up the Brow chakra and stimulate its abilities (insight, intuition, reaching higher states of consciousness, etc.)

Square

- To bring in the frequencies of the Earth to feel more grounded and secure in the physical world
- To bring in the frequencies of balance, strength, and stability to a person's life
- To protect from perceived chaos in life
- To put some boundaries or limits around a certain situation in life
- To support such characteristics as loyalty, dependability, and practicality

Pentagram

- To bring together the energies of anything that is based on the number five
- To support the musculoskeletal system of the human body
- To support the five senses and five sensory organs
- To support the five major internal organ systems according to Chinese medicine (lungs, heart, liver, spleen, kidneys)

5. Platonic Solids, Heptagon, Star Tetrahedron, Metatron's Cube, Torus

Platonic Solid: Tetrahedron

- Upwards pointing – to strengthen masculine characteristics
- Downwards pointing – to strengthen feminine characteristics

Platonic Solid: Cube or Hexahedron

- To strengthen the physical body, rational mind, foundations in life, survival, practicality
- To help reconnect to nature and the Earth

Platonic Solid: Octahedron

- To strengthen the emotional body and everything the heart represents – accepting all aspects of ourselves and others, forgiving ourselves and others, embracing our inner worlds, and nurturing our authentic Selves

Platonic Solid: Dodecahedron

- To align the human dodecahedron to the Earth's
- To support life force energy
- To raise the vibration of Self towards universal truths
- To raise the vibration of the space around us

Platonic Solid: Icosahedron

- To help go with the ebb and flow of life
- To assist in the transformation of a lower state of consciousness to a higher state

Heptahedron

- To act as the geometric template for growing the human heart, both physically and symbolically
- To provide the framework for reshaping a heart that has gone into congestive heart failure
- To support the spiraling flow of blood throughout the arterial and venous systems
- To strengthen the toroidal field around the body by improving the release of ions
- To help someone connect their toroidal field in resonance to the energy of the Earth's toroidal field

Star Tetrahedron

- To bring balance to the Yang and Yin energy systems
- To align all three star tetrahedrons around the bodymind so they are once again superimposed on each other
- To activate the light body and unite it with the spirit and physical body, stimulating personal growth and unity consciousness
- To remind us that we are multidimensional beings without limits
- To offer protection through the energy field created by the spinning tetrahedrons
- To correct any imbalances on the right side of the body (right spinning/masculine) or left side (left spinning/feminine)
- To connect the bodymind to unity consciousness and agape love (stationary)

Metatron's Cube

- To support manifestation and making sure it is in harmony with all
- To bring tensegrity to all of manifestation
- To return non-useful energies to the zero-point field and pull in useful energies
- To help release limiting beliefs, patterns, and emotions

Torus

- To strengthen and expand the torus around any physical or energetic structure in the bodymind.
- To bring in more zero-point energy for any physical or energetic structure in the bodymind to rebalance or heal itself.
- To add the extra energy required by the DNA to create any proteins that are deficient or missing (e.g., a hormone or neurotransmitter).

6. 64 Tetrahedron, Flower of Life

64 Tetrahedron

- To bring tensegrity into all aspects of life
- To Bring a cell back to its undifferentiated state and affect its functioning at the genetic level
- To isolate a traumatic memory in spacetime (for the purpose of transforming it into a passive memory)
- To highlight the event horizon of a cell (its membrane) and get it to vibrate closer to 10^{11} ergs

HelioSol System

Flower of Life

- As part of the Emergency Care template to bring about self-regulation and self-healing
 - To support creativity, conceiving thoughts and ideas that allow life to 'flower'
 - To correct any issues of fertilization of an egg and cellular replication
 - To understand the nature of the universe
 - To bring a sense of inner knowing that all is One
7. **Other** (sacred geometric shapes not covered in the course)