

Summary Sheet of Possible Indications for Sacred Geometry

1. The Point

- To take a person's consciousness back to the beginning of infinite possibilities, should they feel stuck in their life's circumstances
- To take a part of the bodymind complex back to the beginning of infinite possibilities, should it have been compromised
- To help a person transition from this life to the next, should there be some fear of the unknown

2. Phi, Golden Mean, Spiral

- To assist the body's repair systems in laying down the correct amount of new tissue so that a healing structure keeps to the proper proportions for that individual
- To help the development of external or internal physical structures in a growing child follow the Golden Mean
- To recalibrate the spin of one of the chakras (major, minor, or extra) using the Fibonacci spiral pattern
- To correct an inherited structural defect in the spiral of the DNA
- To unite groups of three (triple spiral) into oneness

3. Circle, Circumpoint, Vesica Piscis, Infinity Symbol

Circle

- To act as a reminder that everything that exists is a part of the whole
- To act as a reminder that everything is in perfect balance as it is
- To support the concept of 'circle thinking' – the non-attachment to any opinions or beliefs
- To bring in the infinite energy of the zero-point field for support
- To act as a type of 'spiritual glue' to bring perceived 'broken' aspects of life together in wholeness
- To help align and balance every area of a person's life, that is, bring order to what appears chaotic
- To aid someone moving through a difficult period or cycle of change, that is, to remind someone that 'this too shall pass'

Circumpoint

- To help embrace the totality of our being, accepting all aspects of who we are
- To help someone become the observer of the illusion by placing them in the centre of all concepts and beliefs
- To bring a person closer to the state of living from the perspective of enlightenment

Vesica Piscis

- To help heal a person's physical reproductive issues
- To bring in more creativity to problem solving by getting the two hemispheres of the brain cooperating
- To assist the person in moving away from any friction or strife within a relationship or group situation and towards mutual understanding, finding common ground, seeing eye-to-eye, or sharing a common vision
- To help the person understand that duality is an illusion and all exists within unity
- To help integrate the physical aspects of the bodymind with the spiritual
- To support the client in feeling safe and/or protected in this 3-D world
- To support the Brow chakra and everything it represents – intuition, creativity, harmony, and so on
- To bring in the energy of healing to restore wholeness to the bodymind

Infinity Symbol

- To remind someone that they have unlimited potential, and that life is full of infinite possibilities for new beginnings
- To provide the energetic boost to operate in life from a higher level of consciousness
- To bring in the frequency of never-ending love
- To bring balance and harmony to the person's relationships
- To amplify the individual's sense of power and strength
- To inject hope through connecting with the eternal nature of the Soul

4. Line, Cross, Triangle, Square, Pentagram

Line

- *Straight horizontal line*
 - To bring in the stability and security that the Earth represents
 - To bring in calmness, relaxation, rest, and peace
- *Straight vertical line*
 - To remind someone of their physical and divine nature
 - To bring in strength and stillness
- *Straight diagonal line*
 - To bring in the energy of action, dynamic movement, and excitement to life

Cross

- To remind a person of their dual nature, the earthly and the divine
- To bring duality together into the oneness

Triangle

- To balance all three elements (regardless of which historical or modern perspective) that lead to enlightenment
- To support and restore balance, harmony, and completion within the bodymind and on all levels of being
- To bring in the subtle energies of the chakra system (in particular, five of the seven)
- To elevate someone to higher consciousness
- To bring balance to any masculine/Yang or Fire element imbalances in the bodymind
- To bring balance to any feminine/Yin or Water element imbalances in the bodymind
- To bring in the energies for creating solid foundations and allowing manifestation to occur
- To stimulate creativity (as in starting up a new project)
- To open up the Brow chakra and stimulate its abilities (insight, intuition, reaching higher states of consciousness, etc.)

Square

- To bring in the frequencies of the Earth to feel more grounded and secure in the physical world
- To bring in the frequencies of balance, strength, and stability to a person's life
- To protect from perceived chaos in life
- To put some boundaries or limits around a certain situation in life
- To support such characteristics as loyalty, dependability, and practicality

Pentagram

5. Platonic Solids, Heptagon, Star Tetrahedron, Metatron's Cube, Torus

Platonic Solid: Tetrahedron

Element = Fire (brings light, creates change or transformation); Plato wrote that without fire, nothing would be visible

Chakra = Solar Plexus

Crystals = red jasper, clear quartz, sodalite, tourmaline

Direction = east

Healing = mental issues, brings clarity to thinking; balances the physical and spiritual bodies; balances the lower three chakras so that the Solar Plexus does not interfere with the Root and Sacral chakras

Other symbolic meanings = the sacred masculine; the energy of action and understanding; it supports personal power, inner motivation, focus, protection; restores self-confidence; helps manifest ideas to move forward in life; brings higher knowledge and awareness

Platonic Solid: Cube or Hexahedron

Element = Earth; Plato wrote that without Earth, nothing would be tangible

Chakra = Root

Crystals = red agate, pyrite

Direction = south

Healing = the structures of the physical body; removes stress and tension on the physical level; helps to feel grounded and centred; reconnects to the healing energies of nature; counteracts depression; may activate the kundalini (if prepared for it); provides the solid base for the Sacral chakra to do its job (i.e., stimulates creativity)

Other symbolic meanings = survival; feeling safe in the material world; perseverance (the patience to allow the unfolding of events in their own time); being practical and dependable

Platonic Solid: Octahedron

Element = Air

Chakra = Heart

Crystals = fluorite, calcite

Direction = north

Healing = the heart and the emotional body; heals past traumas by becoming aware of own role in the situations and developing compassion and forgiveness (for self and others); helps reduce guilt and shame by fully accepting self; also heals the spiritual body by not allowing situations to 'stick' to the bodymind (this is the role of Air)

Other symbolic meanings = connects inner and outer worlds ("as within, so without"); integrates what appear as opposites into the One; opens the heart and brings in agape love

Platonic Solid: Dodecahedron

Element = Aether (representing heaven, the zero-point field, or Universal Consciousness)

Chakras = Throat, Brow, Crown (representing the highest form of consciousness)

Crystals = garnet, green aventurine

Direction = ascension

Healing = spiritual body; helps a person achieve higher levels of knowledge, intuition, perception, and spiritual awareness; when feeling separate, will connect with the Light of who we are and restore harmony; raises vibration towards Oneness

Other symbolic meanings = it is a framework for the energies moving from the Bliss body to the physical body; helps detach from beliefs created through dualistic thinking

Platonic Solid: Icosahedron

Element = Water

Chakra = Sacral (representing emotional, sexual, and creative energies)

Crystal = amethyst

Direction = west

Healing = the emotional body; removes emotional blockages to free up creativity leading to a more fulfilling life; enhances creative thinking; balances the emotions; brings in joy and well-being; reduces stress and anxiousness by helping to accept the impermanence of life and any uncomfortable changes that are happening; assists in transformation; supports feeling comfortable with one's own sexuality; helps to balance issues of fertility

Other symbolic meanings = not pursuing an active role in remedying a situation, but trusting the wisdom of Universal Consciousness to bring together others that will contribute

Heptahedron

- To act as the geometric template for growing the human heart, both physically and symbolically
- To provide the framework for reshaping a heart that has gone into congestive heart failure

Star Tetrahedron

- To bring balance to the Yang and Yin energy systems
- To align all three star tetrahedrons around the bodymind so they are once again superimposed on each other
- To activate the light body and unite it with the spirit and physical body, stimulating personal growth and unity consciousness
- To remind us that we are multidimensional beings without limits
- To offer protection through the energy field created by the spinning tetrahedrons
- To correct any imbalances on the right side of the body (right spinning/masculine) or left side (left spinning/feminine)
- To connect the bodymind to unity consciousness and agape love (stationary)

Metatron's Cube

Torus

- To strengthen and expand the torus around any physical or energetic structure in the bodymind.
- To bring in more zero-point energy for any physical or energetic structure in the bodymind to rebalance or heal itself.
- To add the extra energy required by the DNA to create any proteins that are deficient or missing (e.g., a hormone or neurotransmitter).

6. 64 Tetrahedron/Flower of Life

- As part of the Emergency Care template to bring about self-regulation and self-healing
- To support creativity, conceiving thoughts and ideas that allow life to 'flower'
- To correct any issues of fertilization of an egg and cellular replication
- To understand the nature of the universe
- To bring a sense of inner knowing that all is One